

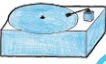











Awake Ethics Evaluation

Rank your practice of each principle from 0-10; 0 as lacking and 10 as excellent. Write how you practice it & how you could improve.

| Truthfulness  | Non-Stealing  | Control of Energy  | Non-Attachment  | Purity  |
|--|--|---|--|---|
| Communicates true information | Gives acknowledgement to others | Uses positive tone in communications | Open-minded | Values cleanliness of workspace |
| Communicates transparently | Does not take non-due credit | Begins with a positive comment or gesture | Proactively identifies ways to evolve | Respects work environment |
| Does not withhold relevant information | Gives others experiences | Gives constructive comments with equanimity | Does not hold limiting beliefs | Values simplicity that is conducive to progress |
| Shares appropriate information | Respects others' time | Does not negatively release anger or stress | Embraces constructive change | Respects his or her time/calendar |
| Cultivates relationships of trust | Gives and accepts feedback | Contributes to positive work environment | Encourages peers and team members to progress | Contributes to culture of focus |
| Contentment  | Discipline  | Self-Study  | Surrender  | More Good Than Harm  |
| Celebrates & acknowledges wins | Works diligently toward objectives | Seeks opportunities to learn | Solution-centric | Asks questions relevant to mission |
| Celebrates new wisdom | Follows through with commitments | Works toward authenticity | Allows others to take ownership of their work | Seeks optimal solution for all stakeholders |
| Practices patience | Mission driven | Aware of his/her own strengths and leverages them | Responds to the unexpected with tact & equanimity | Team player; supportive and respectful |
| Responds to setbacks as a learner | Takes ownership of her/his work | Shares his or her point of view | Contributes to culture of peace and progress | Works in the interest of his/her progress, and the business |
| Contributes to culture of learning | Contributes to a culture of progress | Seeks to improve and make progress | Balance of ambition and listening | Works in the interest of the business and the world |